

Registration Form

Doctors Hospital At White Rock Lake
1st Annual
Sports Medicine Symposium

Symposium \$75 _____
Total Enclosed: \$ _____

Payment at the door is an additional \$10.00

**Please complete this form and send
with your check or money order
(payable to Doctors Hospital) to:**

*Doctors Hospital
c/o Tonya Washington
9440 Poppy Drive #214
Dallas, TX 75218*

Or Call

866-744-3627 to Register

Payments must be received by April 1, 2008
Space is limited, seating on a first come basis

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Profession _____

Doctors Hospital At White Rock Lake *1st Annual* Sports Medicine Symposium

April 12, 2008

Keynote Speakers

Bill

Bates

Former Dallas Cowboy &
Super Bowl Champion

Nancy

Lieberman

Basketball Hall of Famer &
ESPN Analyst



Course Objectives

To provide a better understanding of injury and rehab principles, discuss the importance of a good doctor-coach-athletic trainer relationship.



KEYNOTE SPEAKERS

Bill Bates

Former Dallas Cowboy & Super Bowl Champion

“Shoulder Pad Air Coolants”

Nancy Lieberman Basketball Hall of Famer & ESPN Analyst



“Dr.-Coach-Trainer Relations”

Audience

Athletic trainers, physical therapists, coaches, and other allied healthcare professionals involved in the care of athletes.

CEU Credits Available

Certificate of Completion

Upon completion of the Symposium, each participant will be presented a Certificate of Completion

Refund Policy

Cancellations with full refunds will be accepted if sent in writing and postmarked by April 9, 2008. After that date, no refunds will be given. **Substitutions are welcome.**

For questions, please call: 866-744-3627

Location

Doctors Hospital at White Rock Lake
9330 Poppy Drive, West Tower #206
Dallas, TX 75218
Buckner Blvd. and Garland Rd. at White Rock Lake

Course Agenda

| | |
|-------|---|
| 6:30 | Check-In |
| 7:45 | Introduction |
| 8:00 | Concussions |
| 8:15 | C-Spine Injury & Management |
| 8:35 | Cardiac Pre-Screen/AED |
| 8:55 | Sports Nutrition & Steroid Use |
| 9:15 | Discussion |
| 9:45 | Break |
| 10:00 | Exercise-Induced Asthma |
| 10:15 | Muscle Cramps |
| 10:45 | Heat Illness |
| 11:00 | Shoulder Pad Coolants |
| 11:20 | Discussion |
| 11:45 | Lunch Provided |
| 12:45 | Keynote Address- Nancy Lieberman on “Dr.-Coach-Trainer Relations” |
| 1:45 | Common Shoulder Injuries |
| 2:00 | Elbow & Wrist Injuries |
| 2:15 | Shoulder Rehab |
| 2:30 | Discussion |
| 2:50 | Break w/snack |
| 3:15 | ACL Injuries |
| 3:30 | Meniscal Tears/OCD Lesions |
| 3:45 | Lower Extremity Injuries |
| 4:00 | Proper Athletic Shoe Wear |
| 4:15 | Discussion |
| 4:30 | Adjournment |

2008 Sports Medicine Symposium Faculty

Jeff Adcock, MD
Family Medical Center at Garland

Bill Bates
Dallas Cowboy Great

Grady Callaway, PT, OCS
Licensed Physical Therapist, Sante Rehab

Obi Chukwuocha, DO
Complete Family Practice & Sports Medicine

Ara Dayian, MD
Buckner Family Medicine

Brett Gabriel, DPM
Podiatric Surgeon, Lakeside Foot Care

Terry Gemas, MD
Orthopaedic Surgeon, Lakewood Orthopaedics & Sports Medicine

Melbert Hillert, MD
Cardiologist, White Rock Adult Medicine

Andrew Kubin, ATC, LAT
Head Athletic Trainer, Bishop Lynch High School

Nancy Lieberman
Basketball Hall of Famer

David Mendez, PTA, ATC, LAT
Certified Athletic Trainer, SportsMed Central

Luis Palacios, MD
Lakewood Family Medical

Eve Pearson, RD, CSSD, LD, CPT
Sports Dietitian & Certified Personal Trainer

Michael Schwartz, MD
Orthopaedic Surgeon, Associated Orthopaedics & Sports Medicine

Stefani Wylie, MSPT
Licensed Physical Therapist, TexStar Physical Therapy

Faculty current at time of printing. Substitutions may occur at event.